

Lifecraft Timetable

Monday in Fulbourn

11.30am-1.30pm
Art/Games

1.30pm-4pm
Drop-In

Fulbourn Services are held at:
Resource Centre,
Fulbourn Hospital,
CB21 5EF

Monday in Cambridge

From 24 June for 4 weeks

11.30am-1.30pm
Expressive Writing

2pm-4pm
Social Club

Tuesday in Cambridge

11.30am-1.30pm
Art Group

2pm-4pm
Social Club

Wednesday in Cambridge

11am-12pm
Chair Yoga

12.30pm-1.30pm
Resilience Group

2pm-4pm
Social Club
including regular film afternoons

Friday in Ely

11.30am-1pm
Arts & Crafts

1.30pm-4pm
Drop-In

Ely Services are held at:
Youth Hub,
Centre E,
CB7 4DE

Groups with a dotted border are pre-booked sessions

Groups without a dotted border are open sessions

Timetable for 8 July 2024 onwards

LIFELINE

Freephone 0808 808 2121
11am - 11pm, 365 days a year